

Hello Runners!

I hope your training and preparations have gone well this summer. We are looking forward to seeing you on the starting line on October 5th!

When you registered for the event, you agreed to be tracked on the course using your cell phone. At this time, I'd like to provide more information about the tracking system and how it will work on race day.

The app we are using is called [Whip Live](#). We were asked by Cuyamaca State Parks to investigate ways to better locate runners who might potentially be off course, or in need of medical support. We tested this app during a run on Loop 1 of the course, and remote users were able to track our progress live or close to live when our cell signal was not good.

You will need to install the Whip Live app and allow it to run in the background on your phone. In testing, we found our phones consumed 20-30% of our batteries over 20 miles of the course on a run which took us about 5 hours. If you feel that battery life may be an issue for you, I'd recommend a small battery pack that you could leave in your drop bag at the start/finish.

Please install the app before you arrive at Camp Cuyamaca. Cell Service is bad at the starting line and the wifi isn't the best.

Here are the instructions from the Whip Live team:

Hello Participant,

This email is for The Cuyamaca 100K Endurance Run participants who have not yet activated the Live Tracking safety service. Sign in via the smartphone you will bring with you during the event, it will take only a few minutes to join. It is strongly recommended for all participants for safety reasons. From this link access Live

Tracking: <https://www.whip.live/in/event/CER24>

PIN: ACER-GZYT

Through WHIP's Live Tracking you can have the peace of mind that you will be tracked in real time in case of problems during the event, and you can be followed live by your supporters. After logging in, Live Tracking starts and stops automatically at the beginning and at the end of the event, without you opening the app. Live tracking is completely free for participants.

Here you can see the Live Tracking access

tutorial: www.youtube.com/watch?v=EIQPDoBGgmk

Thanks,